

The Madison Senior Center Presents

Health & Resource Fair

Thursday, September 11
8:30 AM - 12:30 PM

FREE Health Screenings

Hearing & Swallowing
Meriter

Falls Prevention & Strengthening
Meriter

Healthy Bladder Screen
Dean Clinic

Glasses Cleaning & Adjustment
Davis Duehr Dean

Ear Screening &
Hearing Aid Cleaning
Zounds Madison

Eye Pressure
Davis Duehr Dean

Blood Glucose
UW School of Nursing

Blood Oxygen
St. Mary's Hospital

Strength & Balance
UW Physical Therapy

Bone Density
UW Osteoporosis Research

Nutrition
UW Medical Foundation



Thank you,
Sponsors!

Presentations

9:15 - 9:45 am: Proper Lifting Techniques
Home Health United

10:15 - 10:45am: Recognize Heart Attack & Stroke Symptoms
St. Mary's Hospital

11:00 - 11:30 am: Healthy Living to 100
The Wellness Champions



OAKWOOD
OAKWOOD LUTHERAN
SENIOR MINISTRIES

St. Mary's
GOLDEN CARE®



Edward Jones®

MEADOWMERE MADISON
ASSISTED LIVING COMMUNITY



Exhibitors

Capitol Lakes

Oak Park Place

Oakwood Village

Edward Jones: *Karen Wulff*

St. Mary's GoldenCare

Karmenta Center

Meadowmere

Visiting Angels

Cress Funeral

Advanced Pain Management

Haskins Short LLC

Zounds Madison

Mallatt's Pharmacy

Interim HealthCare

Chefs for Seniors

SouthernCare

Saint Jude Hospice

Van Galder Tour & Travel

Golden Heart Senior Care

The Wellness Champions

Horn & Johnsen SC

Agrace Hospice

MSCR • ADRC

SAIL • RSVP

BrightStar Care

Home Health United

Safe Communities

Madison Coalitions of Aging

Alzheimer's & Dementia Alliance

WI Senior Medicare Patrol: CWAG

Free Chair Massages!

Courtesy of East West
Healing Arts Institute



Toothbrushes & Toothpaste

Courtesy of
Stacey Dental

Giveaways & Prizes!

Healthy Snacks

Provided by Capitol Centre Market