

## Impacts of Alcohol and Other Drugs on Behavior and/or Other Physiological Symptoms

### Alcohol:

- High blood pressure, heart disease, stroke, liver disease, and digestive problems.
- Cancer of the breast, mouth, throat, esophagus, voice box, liver, colon, and rectum.
- Weakening of the immune system, increasing the chances of getting sick.
- Learning and memory problems, including dementia and poor school performance.
- Mental health problems, including depression and anxiety.
- Social problems, including family problems, job-related problems, and unemployment.
- Alcohol use disorders, or alcohol dependence
- Slurred speech
- motor impairment
- confusion
- memory problems
- prone to accidents/injuries
- violent behavior

### Opioids:

- Drowsiness
- mental confusion
- euphoria
- nausea
- constipation
- Slurred speech
- Lowered inhibitions
- Poor judgment
- Risk-taking behaviors
- Constipation
- Bloodshot eyes
- Pupillary constriction
- Analgesia
- Difficulties urinating
- Decreased respiratory rate
- Itching
- Flushed skin
- Liver disease
- Jaundice
- Coma
- Death
- Confusion
- Poor judgment
- Decreased ability to pay attention
- Short-term memory loss

### Marijuana:

- red eyes
- poor muscle coordination
- delayed reaction times
- increased appetite
- sudden shift in mood from tense to relaxed
- anxiety/panic
- hallucinations
- Headaches
- Dry mouth and dry eyes
- Lightheadedness and dizziness
- Drowsiness
- Fatigue

## Cocaine

- Extremely talkative while high
- Increased energy levels
- Stealing or borrowing money
- Increased mental alertness
- Decreased need for sleep while high
- Increased need for sleep after usage
- Erratic, bizarre behaviors
- Violence
- Legal problems
- Abandonment of once-pleasurable activities in order to get high
- Continuing cocaine use despite mounting problems the drug is causing
- Neglecting responsibilities at work or school
- Abnormal heart rhythms
- Constriction of blood vessels
- Chronically runny nose
- Nosebleeds
- Nasal perforation
- Hoarseness
- Increase in body temperature
- Increase in heart rate
- Increase in blood pressure
- Headaches
- Decreased appetite
- Malnutrition
- Dilated pupils
- Gangrene of the bowel
- Muscle twitches
- Tremors
- Seizures
- Strokes
- Heart attack
- Death

## Amphetamines

- Increased heart rate and blood pressure
- Decreased appetite and weight loss
- Insomnia
- Digestive upset
- Mood swings
- Aggression
- Paranoia and anxiety
- Visual, auditory, or tactile hallucinations
- Inability to keep up with work, school, or home responsibilities
- Much of the person's time spent seeking or using the drug
- Missing pills from a prescription
- Changes in groups of friends and difficulties with relationships
- Loss of interest in previous activities