

**Merit based leadership  
and  
The original instructions**

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City of Madison, Wisconsin

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# Introduction



Master Liu and Traditional and Mexican Medicine Man,  
San Diego, California

# Summary

- Leadership in connection to the ecology
- Leadership permanence: combating divisiveness and burn out
- Other ways leadership has been applied within and in sustainable communities in North America
- Self care is the basis



# Origins and Ecologies



Sami with Reindeer, Norway







*In our every deliberation  
we must consider the impact of our decisions  
on the next seven generations*

-From the Great Law of the Iroquois Confederacy



Council of the 13 indigenous grandmothers with the Dalai Lama

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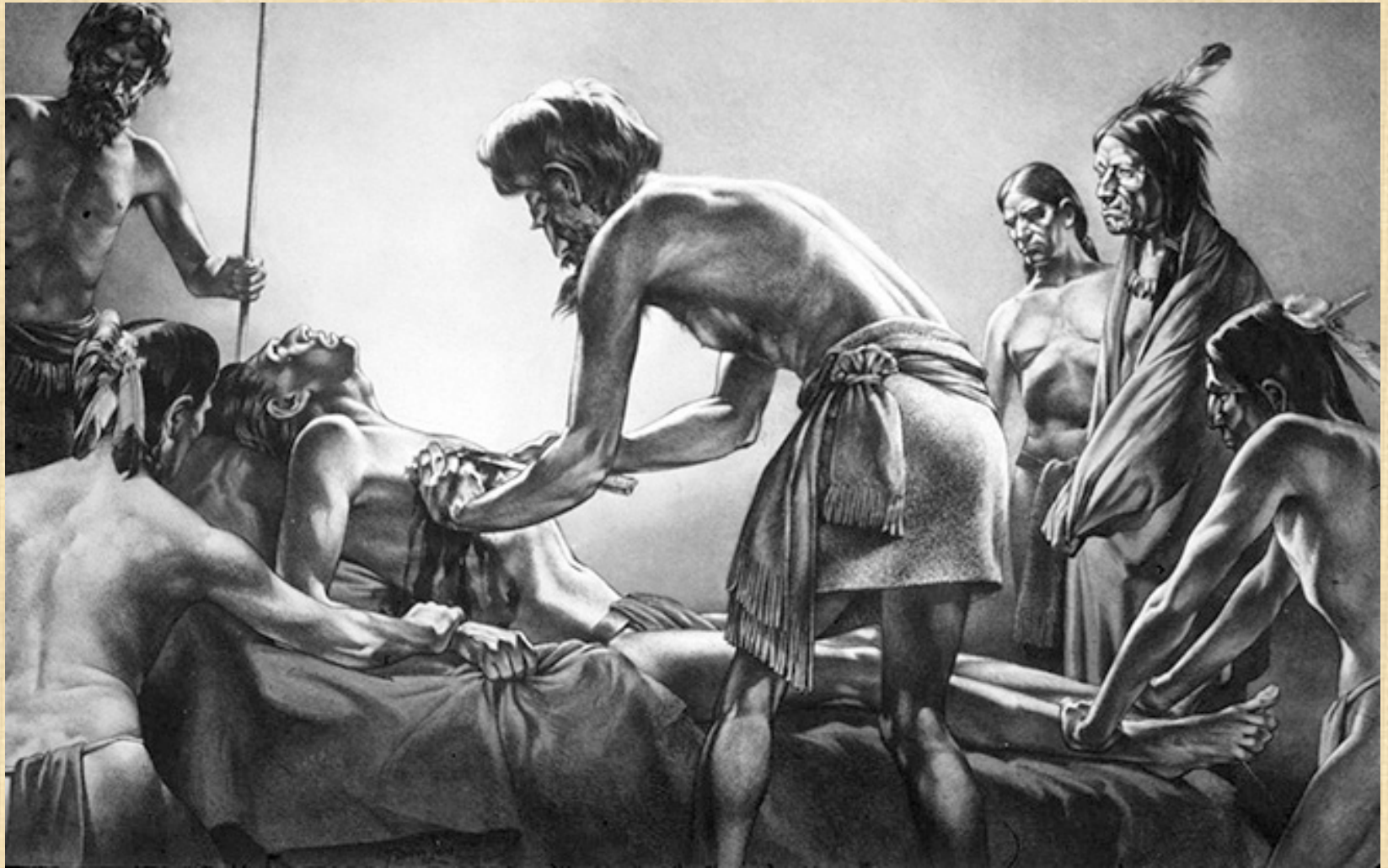


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承恩堂藏



Cabeza de Vaca  
Spanish Castaway in Florida, instructed in healing and  
trade by Karakawa Nation



# True heart in leadership work

- The true heart
- Fitzgerald
- <https://www.youtube.com/watch?v=jC2QIFwGOQU>
- outcomes

# Towards a culture of communal care

## Community building examples











- Martial Healing Arts
- Self care
- Focus
- Full body meditation
- The Ying Yang of Body movement



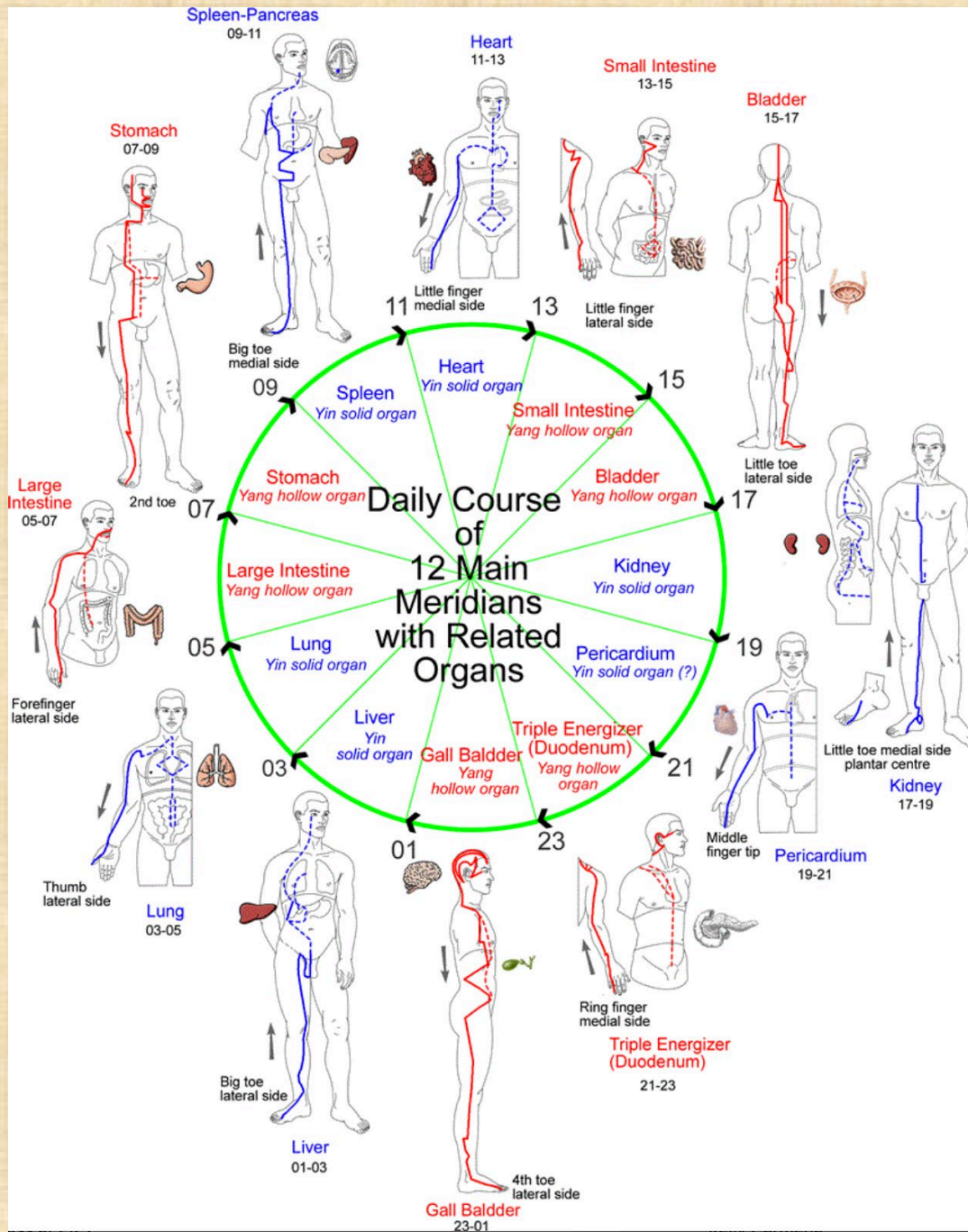


Bohdi Dharma

# The Tao Te Ching

- Taoism is based on the philosophy of Lao Tzu
- The Tao is a path or a way, intuition, sensibility, spontaneity, life.
- It emphasizes (Yin) energy or the feminine, as in the quality of water
- It is a proponent of longevity. People who lived long lives were most likely Taoists.





When a Chinese person says *gu qi* (literally “bone energy”), they mean “integrity and righteousness.”

And when they say *da dan* (literally “big gallbladder”), they mean “courage.”