



CCR – Cardio – Cerebral Resuscitation or Call and Pump™

Assess Scene Safety – Hazards such as electricity and water

Look for 2 indicators of life:

- Arousal (Shake, “Are you okay?”)
- Absent or Abnormal breathing (gaspings)

CALL 9-1-1

The 911 communicator will instruct you based on conditions at the scene.

Begin Compressions

- Place hands on mid-chest at nipple line
- 100 compressions per minute
- > 2 inch depth
- Complete Chest Recoil (Hands off chest)
- DO NOT STOP when you hear sirens – keep going – the brain is dying!
- DO NOT STOP until the patient or medical professional (paramedic, physician, nurse) instructs you to stop.

What you do matters – without you, the patient has no chance.

1/3 of patients collapse with a shockable rhythm. You are the first link in the chain of survival.



For more information, please contact:
The City of Madison Fire Department
Community Education Office at (608) 266-4709.