Sweet Livity

Business Leaders as Healers



Diana Marie Lee, Founding CEO & Alchemist

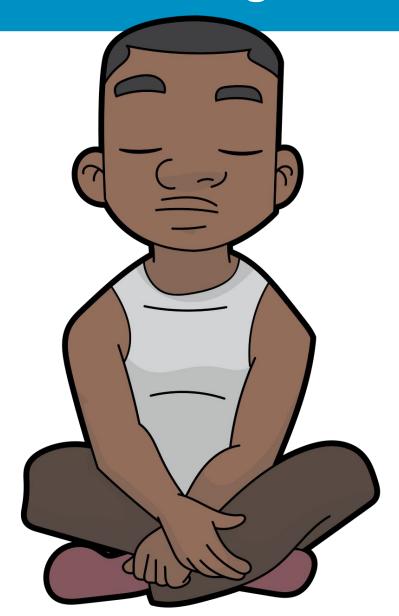
- Sweet Livity (not present)



Samuel González, Co-founder/Colead, Creative Strategist, and Digital Wizard

- Sweet Livity

Grounding





Welcome

A time to bring our names into the space and share names of anyone lost to COVID or ancestors we wish to acknowledge here.

Radical Self-Care



CARING FOR MYSELF IS NOT SELF-INDULGENCE, IT IS SELF-PRESERVATION, AND THAT IS AN ACT OF POLITICAL WARFARE.

Andre Lorde

Speaking Up

"I have a duty to speak the truth as I see it and share not just my triumphs, not just the things that felt good, but the pain, the intense, often unmitigated pain. It is important to share how I know survival is survival and not just a walk through the rain."

~Audre Lorde

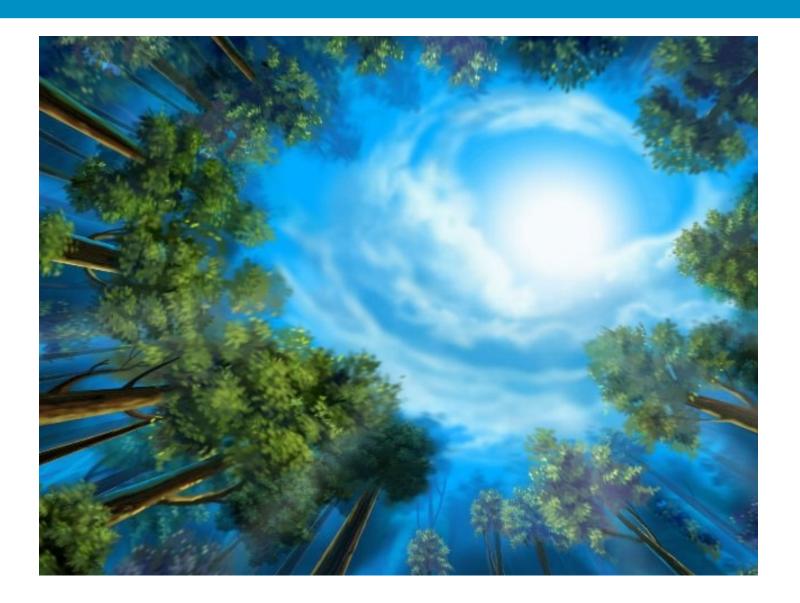


Community Well-being

"I don't want to die looking the other way." - Audre Lorde



Our Dream

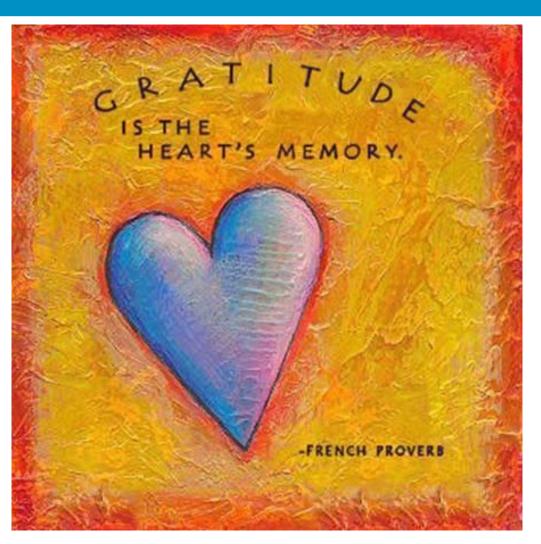


Our Forbes Article on Restorative HR

Forbes Article:

https://www.forbes.com/sites/nelldebevois e/2020/06/12/the-second-respondershow-restorative-hr-makes-workplacesmore-inclusive-andequitable/#6daaea474480

Closing



- What did you learn (head)?
- How are you feeling (heart)?
- What would you do differently (hand)?
- What are you taking away (foot)?